

# Pre-trip information & packing list

Please contact [uaskyschool@gmail.com](mailto:uaskyschool@gmail.com) with any questions



UASCIENCE  
Sky School

## What to expect

### **Weather**

It will be warm at the lower elevations, but cold at the top of the mountain, especially at night. In general, it is at least 30 degrees colder at the summit than in Tucson. At night, it often drops below freezing and winds can be above 30 mph. Be prepared for all weather conditions and dress in layers.

### **Dormitories**

You will be staying in dormitory-style buildings, with up to 4 people per room. Sky School provides beds, but you must bring your own sleeping bag or bedding. There are communal bathrooms with shower facilities.

### **Meals**

The first day of your program, you will need to bring a bag lunch from home (kitchen facilities will not be available to students to heat up food). All other meals will be provided. We will do our best to accommodate specific food needs (allergies, vegetarian, etc.) when we are notified in advance.

## What to bring

### **Necessary items**

Underwear, socks, pants, and shirts for the duration of the trip

Warm long-sleeve shirt

Warm pants

Medium weight sweatshirt/hoodie

Warm jacket (heavier than a hoodie)

Raincoat

Sturdy close-toed shoes

Sun hat

Warm hat (snow hat/ beanie)

Warm gloves

Pajamas

Toiletries—toothbrush, toothpaste, etc.

Sunscreen & lip balm

Backpack (for day hikes)

Pencil or pen

Water bottle

Sleeping bag or bedding, pillow

### **Optional items**

Shorts—long pants are better for hiking in rugged terrain

Bring at your own risk—cell phone, camera, binoculars

Sunglasses—very helpful when outdoors all day

Towel/shampoo/soap—showers are only for 2 and 3 night trips

### **Prohibited**

Drugs or alcohol of any sort

Weapons (pocket knife, hunting knife, gun, etc.)—The University of Arizona is a weapon-free campus

Fire-starting devices (matches, candles, fireworks, etc.)—fires are a serious risk on Mt. Lemmon

Anything else prohibited by your school's rules

### **Do and don't: cold weather clothing for the Mt. Lemmon summit**

WARM ENOUGH



NOT WARM ENOUGH

