

# FAQs for Success Coaches at Edge High School

## **Q: What value does Edge High School see in coaching?**

**A:** Coaching will provide a goal-oriented, non-judgmental space and structure that will help our students move towards self-reliance, confidence, and becoming responsible individuals, whose choices and contributions positively impact their own lives and their community.

## **Q: How frequently should I meet with the coachee?**

**A:** The goal of this coaching pilot is to complete 4–5 sessions by the end of May. How often and when you meet with your coachee is a decision mutually arrived at by the two of you.

## **Q: How long should a coaching session be?**

**A:** In general, coaching sessions might last between 30–60 minutes. This may vary depending on the student and their focus for that session. It is recommended to schedule 45–60 minutes, but it is perfectly okay to end early if the coachee feels supported and has some idea of possible “next steps” to consider and/or act upon.

Use the skill of inquiry and ask, “is there anything else in the time we have you would like to discuss” or you might ask, “do you feel complete for this session?”

Idea: it is sometimes helpful to arrange the next session at the beginning of your conversation, so the logistics of scheduling does not disrupt a shift or awareness provided by your session.

## **Q: Can a coaching session last more than 60 minutes if it’s going well?**

**A:** Yes—if both the coach and coachee agree and have the capacity. Consider whether extending the session will cause the student to miss additional class time or impact transportation, work, or other commitments. Consider also the “for sake of what” is the session being continued.

## **Q: Should coaching sessions be scheduled after the student’s school day?**

**A:** When possible, it is preferred that coaching sessions occur before or after the student’s school day. However, Edge is prioritizing implementation, and some sessions may need to occur during the school day. For example, a student may have work immediately after school or limited transportation options.

## **Q: What is the school day at Edge?**

**A:** Edge operates two sessions on Monday, Tuesday, Thursday, and Friday:

- **Session A:** 8:15 AM – 12:38 PM
- **Session B:** 10:27 AM – 3:12 PM

On Wednesdays, there is one session:

- **8:15 AM – 12:17 PM**

Coaches should confirm with their coachee which session they attend.

**Q: Should we schedule at the same time for each session to ease the coordination of our schedules?**

**A:** That makes good sense, however, if scheduling is during the school day it is helpful if they “miss” a different class for each coaching visit.

**Q: How early or late can coaching sessions be scheduled?**

**A:** The school building is open from 7:30 AM – 4:15 PM. Coaching sessions can typically be scheduled as early as 7:30 AM and as late as 3:30 PM.

**Q: What is the role of the Coach Manager? (Howie)**

**A:** The Coach Manager is your primary connection regarding the development of your coaching skills and/or if you have a coaching question with “just-in-time” support. He will provide guidance, ensure alignment with school processes and expectations. His role is to help you grow as a coach by offering non-judgmental, honest feedback that builds your confidence while upholding coaching agreements.

**Q: What and whom do I contact if I feel I have a “duty to warn?”**

**A:** You will be given an Edge High School Primary Contacts form that provides that information.

**Q: How do I schedule coaching sessions with my coachee?**

**A:** You and your coachee should agree on a mutually convenient date and time. Once scheduled, send a confirmation email to the coachee and include Rob Pecharich ([robp@edgehighschool.org](mailto:robp@edgehighschool.org)).

**Q: What should I do when I arrive at Edge for a session?**

**A:**

1. Sign in on the visitor log in the lobby.
2. Check in with the receptionist (Jan) in the office.
3. A staff member will take you to a designated coaching space, and your coachee will be brought to you.

**Q: What is the protocol for windows and doors during a session?**

**A:** All coaching rooms have windows and doors. Blinds must remain open at all times. Doors may be closed for privacy and to reduce distractions if needed, especially during the school day.

**Q: What should I do if I need to cancel a session?**

**A:** Notify the coachee and Rob as soon as possible, then reschedule when you are able. The same expectation applies to coachees if they need to cancel. A 24 hour notification is highly preferable.

**Q: How will I know if my coachee is in attendance on the day of a session?**

**A:** Coachees should confirm with you the day before. Additionally, Rob and Carla will monitor attendance and notify you if a student is absent on the day of your coaching session to save you time. One goal is for coaching to serve as an incentive for attendance.

**Q: What do I do if my coachee isn't engaging?**

**A:** Let the Coach Manager know so they can help you troubleshoot. A single session of low engagement may reflect a bad day or a need for a different approach. If disengagement continues across multiple sessions, adjustments may be needed, such as trying new strategies, re-matching the student, or discontinuing coaching.

**Q: How will I find out the background of my student's homelife, experiences, and history?**

**A:** By holding a safe space and using "humble inquiry" and curiosity, a student will offer to their coach what they want them to know. Although it might be helpful to know about the environment they live, it can also lead to biases which we want to avoid.

Key Point: Trust the process of coaching, trust yourself, and trust that the teen can handle anything and they will disclose as your relationship evolves.

**Q: If the pilot goes well, can the coach and coachee continue coaching in the Fall.**

**A:** Absolutely!

**Q: What are Edge's plans for coaching next year?**

**A:** Depending upon results of the pilot program, it is our hope to expand offering coaching to more students next year, including students at Edge's Northwest campus. This will necessitate recruiting and training a new cohort of volunteer coaches.